**Athlete Code of Conduct**

London Regional Synchronised Swimming Club is referred to as “The Club “

This Code of Conduct is designed to establish a set of guidelines and procedures and outlines the responsibilities and behaviour of swimmers who are members of The Club in support of the Club’s aims. This Code of Conduct lists the behaviour expected by athletes of the club, both during scheduled training sessions, (whether the session is swimming, figures, land or team), and also whilst away and representing the Club at a competition or Skill Level test, or when any member could reasonably be considered to be representing or connected to the Club. Failure to comply with any rule under this Code of Conduct will be dealt with according to the SWIM ENGLAND Guidelines and could result in the swimmer being suspended from club activities for a period of time.

**General Behaviour**

* Treat all members of and persons associated with both The Club and SWIM ENGLAND with due dignity and respect.
* Treat everyone equally and never discriminate against another person associated with The Club or SWIM ENGLAND on any grounds including age, sexual orientation, ethnic origin or nationality.
* Behaviour and personal conduct must at all times be of a high standard and reflect favourably on the club, and members will not act in any way which could be considered to bring the reputation of the club into disrepute.  All members must be treated with respect.
* The use of inappropriate or abusive language, bullying, harassment, or physical violence will not be tolerated and could result in action being taken through the club disciplinary or child welfare policy.
* Members are to respect the privacy of the pool providers and must not enter any other part of the property other than that which has been allocated to London Regional Synchro for the purpose of access to and from the pool.

**Swimming, Synchronised Swimming, Land and Team training sessions**

* Treat your coach and fellow swimmers with respect at all times.
* Arrive in good time before the session is due to start with all appropriate equipment.
* Report to your coach if you arrive late, before entering the water, and if you need to leave the pool or session for any reason. Arriving late may result in you not being able to participate in the session.
* Do not enter the water until instructed to by your coach.
* Listen to your coach at all times and obey instructions given.
* No running or jumping is allowed on poolside.
* Do not pull or sit on the lane ropes.
* Appropriate foot wear must be worn by club members on poolside.
* Appropriate foot wear and attire must be worn by club members during land sessions.
* All accidents, significant events, unsafe or dangerous conditions must be reported to a coach or official member of London Regional Synchro.
* No food or drink is allowed on poolside other than water and glass bottles are not permitted.
* Smoking is prohibited, as is the use of alcohol and illegal substances.
* Swimmers should inform The club of any medication being taken when joining and/or should they start and/or stop medication whilst a member.
* Think about what you are doing in training and if you have any problems discuss these with your coach at an appropriate time.
* If you have any problems with a fellow member report them at the time to an appropriate adult.
* The Club reserves the right to discipline swimmers in relation to training session behaviour, including following poolside disciplinary procedures produced by The Club from time to time.

**Attendance at Competitions and Training Camps**

* At competitions and training camps, whether these are away or internal, you must behave in an appropriate manner that shows respect to your coach, officers, team mates and the members of the attending teams.
* Personal Appearanceshall be appropriate to the circumstances and as indicated by the Team Manager. Team kit and equipment shall be worn as directed by the Team Manager when competing and training, when assembling or traveling, at official team functions or on other occasions as notified.
* Report to your coach or Team Manager on arrival at the event or camp.
* Abide by and follow any instructions given to you by competition and/or camp staff.
* Consumption of alcoholis totally forbidden for under age athletes as defined by UK law. It must not be consumed by swimmers or staff members whilst en route, prior to, during, or following a competition event, training camp or team activities, without specific consent of the Team Manager.
* Attendance at all activities is expected unless agreed by the Team Manager. Throughout the duration of the trip swimmers should inform staff of their whereabouts. Punctuality on all occasions is essential and any curfew must be observed.
* Accommodation at hotels or equivalent must be as directed by the club staff and at no times must anyone extra be accommodated in swimmers’ rooms other than those allocated to rooms by The Club’s staff.
* Observe the authority and the decisions of all officials and encourage all swimmers to obey the spirit of the rules and laws both in and out of the pool.
* Allow appropriate photographs to be taken of themselves for publicity purposes only.  All professional photographers shall be approved by SWIM ENGLAND; all amateur photographers shall have signed a declaration book prior to the taking of photographs.  This also applies to video photography.

Swimmers name: Date:

Signed by Swimmer:

Signed by Parent/Guardian:

*Note: All documents referred to within this document are available on the London Regional Synchro website. https://londonsynchro.org*